Larger breeds and long- and thick-coated dogs can be more susceptible to the negative health effects of heat.

By the time temperatures reach 85 degrees, virtually every dog breed is susceptible to the negative health effects of heat.

Dogs with short snouts — bulldogs, pugs, boxers, etc. — have an especially hard time in the heat.

**Beat the Heat**

On hot days, especially with high humidity, skip exercise and opt for only potty breaks.

Exercise your dog early or late in the day — but only if it’s not too warm.

**Too Hot for a Walk? Take the 5-Second Test**

Before walking your dog, press your palm flat against the sidewalk for 5 seconds. If it’s too hot for your hand, it’s too hot for your dog’s paws.

**Lead a Dog to Water**

Make sure your dog has plenty of water. Whether returning from the great outdoors or just hanging out on a summer day, fresh water is key to your pup’s health.

**Signs of Heatstroke**

- Heavy panting, difficulty breathing
- Increased drooling
- Stumbling or dizziness
- Reluctance to move
- Weakness
- Vomiting
- Small amounts of urine or no urine
- Blood in bowel movement or stool or black, tarry stools

Think you see any of these symptoms? Seek immediate veterinary care.